

What to bring. What not to bring.

BRING:

✓ Comfortable Clothing and Shoes

- Comfortable daily wear that allows ease of movement and are easy to put on and take off. Clothing with few, or no buttons, zippers, or snaps.
- Several sets of sweatshirts, t-shirts, sweatpants, or shorts that pull on are typically best.
- Bring shoes that are non-skid. A rubber sole is preferred.
- Shoes should be comfortable for walking and offer excellent support.
- *We recommend that all clothing be labeled with the patient's name.*

✓ Something to Keep You Warm

- A light jacket, sweater, or coat depending on the weather and your body temperature preferences.

✓ Sleepwear

- A robe, non-skid slippers, and pajamas.

✓ Toiletry Items

- Toothpaste, toothbrush, comb/brush, hairdryer, hair products, deodorant
- And any desired face, body and hair cleaners and lotions.

✓ Corrective Items

- Eyeglasses, contacts, cleaning solutions, dentures, hearing aids
- And any custom devices such as splints and braces.

DO NOT BRING:

✗ Expensive or Valuable Items

- No expensive clothing, shoes, personal care items, jewelry
- Do not bring money
- Please Note: we are not responsible for personal items and we recommend that anything of value be left at home or sent home

✗ Strong Scents

- No strong perfumes
- No strong colognes

✗ Glass

- No items made of glass
- No containers or bottles made of glass